

KTF 2025 June 26

Dear Ones,

At the strong recommendation of several people, I will not be with you on Sunday. My mom's service is on Saturday and these wise counselors all advised me to let myself have the room to grieve. To follow the advice I give others who find themselves in that land, "feel what you're feeling and be kind to yourself." I am so grateful for your love and concern. You are such a blessing.

Looking ahead to the following Sunday, July 6, I am working with Martha Eaton's family to tie up some loose ends. They are anticipating a large crowd, which will spill over, first downstairs and then, if necessary, into the Guild Room. I am looking for people to help with ushering that day, and others to help distribute the sacrament. I will send two servers with bread and wine to those overflow rooms, so I may need several people!

The Saturday after *that*, I will commit Marcia Pottle's physical remains to the earth in a private ceremony with her family.

I know that's a lot of death to be dealing with, and I am monitoring my own spiritual energy. But I need to be clear that during most funerals, I am not focused on the absence of the person. If anything, I am rejoicing at how much they are still present to us in the love and memories of others. So these three weekends will allow me to remember my favorite Bible verse:

For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation will be able to separate us from the love of God in Christ Jesus our Lord. (*Romans 8:38-39*)

In the meantime....*keep the faith*,
Nancy+

PS if you are planning to go to my mom's funeral, carpooling is advised. If you have not already arranged a carpool, speak to the Bickfords. They may have space in their car!

THIS SUNDAY'S READINGS

2 Kings 2:1-2, 6-14 * Psalm 77:1-2, 11-20 * Galatians 5:1, 13-25 * Luke 9:51-62

BIRTHDAYS AND ANNIVERSARIES

Kioko Mulandi (7/1)

CREATION CARE TIPS

Full of hot air!

Reports came in on Tuesday that flights were cancelled all over the US and Europe because of severe weather. High heat caused severe storms with high winds, lightning, heavy rain, and reduced visibility in the air and on runways.

While we tried to keep our cool, states south of us were even hotter. Because this is only the first week of summer, I thought a refresher course on keeping cool might be helpful, so here are some tips:

Keeping air conditioning set at 78 degrees during heat waves will not only save electricity and money, it will help you acclimate to the outdoor heat when you have to go outside. You will also be helping the utility companies avoid rolling black-outs and brown-outs.

Knowing that a hot spell is coming can give you time to prepare in several ways.

Deeply water outside plants before the region heats up, so you won't have to stand out there watering in the scorching heat.

Plan your menus and prepare foods that can be served cold, and cook ahead-of-time those foods that need to be cooked, like elbow macaroni, potatoes, hard boiled eggs, and barbecued chicken. Feast on chef, pasta, potato and egg, and tuna-macaroni salads. Or offer a make-your-own sandwich buffet, with lettuce, sliced tomatoes, mayo, mustard, sandwich fillings or sliced meats and cheeses.

Open windows a half hour after the sun goes down, to cool your house the night before the heat wave hits. Close windows and draperies/blinds as soon as you wake. This can help you delay turning on the A/C for several hours.

If air conditioning is not available, keep cool by staying hydrated (iced tea, water, soda, and juice are good options). Suck on an ice cube. And a cold, damp or wet washcloth worn as a collar can help you cool off, too. Visit the local public library, they're all air conditioned.

No matter what, I hope cooler heads will continue to prevail, that your home is comfortable, and definitely not full of hot air.

– Patty Watts, Christ Church Earth Keeper

Hurt not the earth—neither the sea—nor the trees. Revelation 7:3

CALENDAR

SUN:	10:15 AM	Eucharist (no livestream this week) The Rev. Barbara Barth, guest preacher & celebrant
WED:	9:00 AM	Eucharist/Bible Study
THU:	9:00 AM	Christ Church Book Group/Zoom
	7:15 PM	Zoom Compline

ANNOUNCEMENTS

Summer Garden Maintenance We are looking for volunteers to maintain the gardens in the front—mostly weeding and maybe a little trimming. Would you like to help?

Summer Sunday School Sunday School attendance is a little hit-or-miss during the summer months, but we like to offer something for any children who are here. We welcome any of you to help us out with Sunday School this summer. We are especially interested in sharing skills—knitting, baking, building, music, art, storytelling, reflecting on history...We can surely find some Bible story to go with it!

In case you missed the announcement...the building was involved in a **car accident** last Saturday morning! The damage to the building appears to be minimal, but at the time of this writing we are waiting for the insurance adjustor to come assess it. No one was seriously injured, thanks be to God.

The **funeral service for Martha Eaton** will be Sunday, July 6, at 1:00 PM at Christ Church. We need people to help set up the Guild Room and downstairs ahead of time (Saturday afternoon, ideally); ushers for the service; people to take communion stations to the livestream rooms, and people to help take everything down after.

MINISTRIES LIST

	<u>This week:</u>	<u>Next week:</u>
Lector 1:	Holly Stuhr	Jill Cunningham
Psalmist:	Allison Long	Jason & Bella Long
Lector 2:	Jason Long	Br. Matthias
Acolyte:	Jose Garcia	Bella Long
Euch. Minister:	Patty Watts	Tom Knight
Chapel Shepherd:	Jen Lehr	Sue Glines
Usher:	Rosemary Laban	Peter Hammond
Altar Guild:	Jen Lehr	Jen Lehr
Coffee Hour:	Nancy Mering	Pot Luck
Counter:	Tom Knight	Jeff Stuhr
Closer:	David Mering	NA